



Your group insurance plan

Quebec Provincial Association of Teachers

Basic benefits included in your plan

Description			
Optional Life Insurance	 For you: 1 to 6 units of \$25,000 Up to a maximum of \$75,000 – without evidence of insurability* Up to a maximum of \$150,000 – with evidence of insurability ✓ Coverage terminates at your retirement Spouse: \$10,000 ✓ Coverage terminates at plan member date of retirement Children: \$5,000 ✓ Coverage terminates when your child is no longer considered a dependent child or the date of your retirement, whichever occurs first 		
Optional Additional Life Insurance	 For you: Units of \$25,000 ○ Up to a maximum of \$100,000 – with evidence of insurability ✓ Coverage terminates on the first of the month following your 65th birthday or at your retirement, whichever occurs first 		
Optional Critical Illness	 For you: Units of \$5,000 Minimum of \$25,000 Up to a maximum of \$500,000 Evidence of insurability required for all amounts Coverage terminates on the first of the month following your 70th birthday or at your retirement, whichever occurs first Spouse: Units of \$5,000 Minimum of \$25,000 Up to a maximum of \$500,000 Evidence of insurability required for all amounts Coverage terminates on the first of the month following the spouse's 70th birthday or at your retirement, whichever occurs first Children: Units of \$5,000 Minimum of \$5,000 Evidence of insurability required for all amounts Coverage terminates on the first of the month following the spouse's 70th birthday or at your retirement, whichever occurs first Children: Units of \$5,000 Wp to a maximum of \$10,000 Evidence of insurability on all amounts** Coverage terminates on the first of the month following your 70th birthday or at your retirement, whichever occurs first Coverage terminates on the first of the month following your 70th birthday or at your retirement, whichever occurs first Minimum of \$10,000 Evidence of insurability on all amounts** 		

Optional Accidental death and Dismemberment	 For you: Units of \$25,000 Minimum of \$25,000 Up to a maximum of \$350,000 Coverage terminates on the first of the month coinciding with or following your 75th birthday or at your retirement, whichever occurs first. Spouse and children: If you have no children: your spouse will be insured 60% of the amount you have selected for yourself If you and your spouse have children: your spouse will be insured for 50% of the amount you have selected and each child (regardless of the number) will be insured for 10% of the amount you have selected for yourself If you do not have a spouse, each child will be insured for 20% of the benefit you have selected for yourself subject to a maximum of \$50,000.00 and to a maximum of \$75,000.00 	
Long-Term Disability	 ✓ 50% of the basic monthly salary Full-time teachers: mandatory Part-time teachers: optional ✓ Non-taxable benefit ✓ Annual indexation rate of 2% ✓ Elimination period: 104 weeks – salary continuation via the school board ✓ Coverage terminates when you reach age 65 or at your retirement, whichever occurs first 	

* If the application is submitted within 60 days of eligibility.

** No evidence of insurability will be required for a child who becomes covered under this benefit while the plan member has other children covered under this benefit.

Health care

Health care		
Deductible	Plan member only: \$25 Plan member and/or spouse and/or children: \$50	
Prescription drugs	\checkmark	
Preventative immunization vaccines	\$500 per calendar year	
Maximum on overall drugs	Unlimited	
Reimbursement based on the generic version with the lowest cost	80% for the first \$8000* 100% for the excess	
Paramedical expenses	✓	
 Physiotherapist, physical rehabilitation therapist 	100% \$35/visit	
 Chiropractor, osteopath, podiatrist, dietician, acupuncturist 	100% \$30/visit \$500/calendar year combined \$30 per x-ray	
 — Speech therapist, audiologist, occupational therapist 	80% Unlimited	
 Psychologist, psychotherapist, psychiatrist, psychoanalyst, social worker, orientation counsellor 	50% \$1,000/calendar year combined	
Examples of eligible medical expenses	\checkmark	
Reimbursement	80%	
 Cannabis for medical purposes 	\$500/calendar year	
 Wigs and hairpieces 	\$500/calendar year	
 Medical elastic stockings 	3 pairs/calendar year	
Hospitalization – Semi-private room	\checkmark	
Reimbursement	100% – no deductible	
Vision care	\checkmark	
 Prescription eyeglasses, contact lenses, eye exams 	100% \$200/24 months combined	
Out-of-province medical emergency costs	\checkmark	
Reimbursement	100% – no deductible	
Maximum — Covered for 90 days	\$5,000,000/lifetime	

* For 2024

Health care coverage terminates on the first of the month coinciding with or following your 75th birthday or at your retirement, whichever occurs first.

More benefit information will be available in My Client Space.

This document is intended as an overview of the group insurance plan. In the event of a discrepancy between this document and official plan documents, the latter shall take precedence.

INVESTED IN YOU.